

Northern California

- **Brentwood** Phone: (925) 691-9806 Fax: (925) 691-9807
 4530 Balfour Road, Suite E | Brentwood, CA 94513
- **Los Gatos** Phone: (408) 364-6799 Fax: (408) 378-4510
 15047 Los Gatos Blvd. Suite 200 | Los Gatos, CA 95032
- **San Francisco** Phone: (415) 409-7364 Fax: (415) 409-0735
 1 Daniel Burnham Ct. Suite 365C | San Francisco, CA 94109
- **Capitola** Phone: (831) 426-9302 Fax: (408) 378-4510
 4400 Capitola Road, Suite 200 | Capitola, CA 95010
- **Modesto** Phone: (209) 571-1693 Fax: (209) 571-0326
 1524 McHenry Ave. Suite 445 | Modesto, CA 95350
- **San Francisco** ^{Mission} Phone: (415) 641-8631 Fax: (415) 970-9576
 1580 Valencia St #210 | San Francisco, CA 94110
- **Daly City** Phone: (650) 351-8299 Fax: (888) 240-7195
 1500 Southgate Ave. Suite 202 | Daly City, CA 94015
- **Oakland** ^{Santa Clara} Phone: (925) 691-9806 Fax: (925) 691-9807
 170 Santa Clara Ave. Suite 101 | Oakland, CA 94610
- **San Jose** Phone: (510) 278-2700 Fax: (510) 278-2772
 2211 Moorpark Ave. Suite 210 A | San Jose, CA 95128
- **Fairfield** Phone: (510) 278-2700 Fax: (510) 278-2772
 1125 Missouri Street, Suite 203 | Fairfield, CA 94533
- **Oakland** ^{Webster} Phone: (510) 451-4142 Fax: (510) 451-4391
 2923 Webster Street, Suite 202 | Oakland, CA 94609
- **San Leandro** Phone: (510) 278-2700 Fax: (510) 278-2772
 2410 Merced Street | San Leandro, CA 94577
- **Fremont** Phone: (510) 744-9153 Fax: (510) 744-9399
 38069 Martha Ave. Suite 300 | Fremont, CA 945336
- **Sacramento** Phone: (916) 333-5800 Fax: (916) 333-5937
 650 University Ave. Suite 100 | Sacramento, CA 95825
- **Santa Rosa** Phone: (707) 202-5606 Fax: (707) 545-2525
 1144 Sonoma Ave. Suite 105 | Santa Rosa, CA 95405
- **Walnut Creek** Phone: (925) 691-9806 Fax: (925) 691-9807
 1 Daniel Burnham Ct. Suite 365C | San Francisco, CA 94109



Southern California

- **Colton** Phone: (909) 370-0300 Fax: (909) 370-0303
 900 E Washington Street #301 | Colton, CA 92324
- **Santa Ana** Phone: (714) 975-7950 Fax: (714) 975-7951
 999 North Tustin Ave. Suite 201 | Santa Ana, CA 92705

Multidisciplinary Approach

- Pain Management
- Orthopedic
- Physical Therapy and Acupuncture
- Wellness & Psychological

Wellness

- Patient Education
- Chronic Care Management
- Annual Wellness Services
- Sleep, Nutrition, Coping Skills
- Preventative Counseling

Functional Restoration

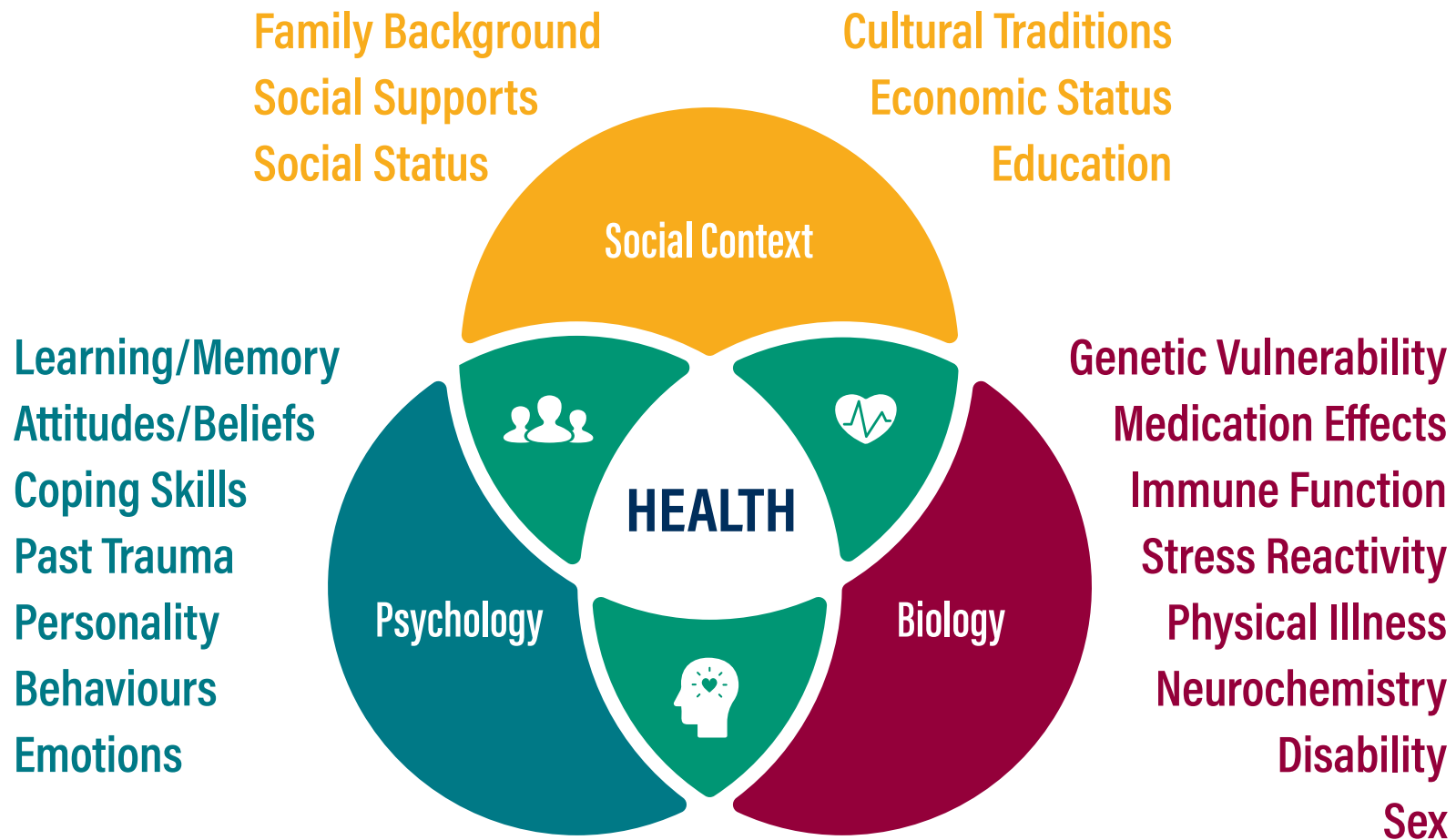
- Six Week Functional Restoration Program
- Medication Monitoring and Transition
- Opioid Detoxification

Interventional Medicine

- Leading research in Spinal Cord Stimulation
- Stem Cell and Platelet Rich Plasma
- Epidural Steroid and Joint Injections
- Radiofrequency Neurotomy
- Sympathetic Blocks
- Facet Denervation

Biopsychosocial Approach to Understanding Health

The biopsychosocial approach systematically considers biological, psychological, and social factors and their complex interactions in understanding health, illness, and health care delivery.



Wellness Tool Kit

Holistic wellness is caring for the mind, body, and soul.

These 7 tools attend to the pertinent aspects of our lives. Like the biopsychosocial model – we must care for more than the physical aspect, also attending to the psychological and social is essential to our mental health and quality of life.

